

HMB 48 Districts 7, 15 and 16

March 2019 Newsletter



Step 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.

Tradition 3. The only requirement for A.A. membership is a desire to stop drinking.

Concept 3. To insure effective leadership, we should endow each element of A.A. – the Conference, the General Service Board and its service corporations, staffs, committees, and executives – with a traditional “Right of Decision”.

A VISION FOR YOU

Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others.

This is the Great Fact for us. Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.

May God bless you and keep you - until then.

Responsibility Prayer

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

EVENTS:

District 16 Spiritual Breakfast
Sunday, March 24, 2019, 8:30am
Saugerties Senior Center
207 Market Street
Saugerties, NY 12477

Traditions Workshop
Hosted by HVYPAA and District 16
Saturday, March 30, 2019 10a – 3p
Reservoir United Methodist Church
3056 State Hwy 28, Shokan 12481

Delegates Day of Sharing
Saturday, April 27, 2019
9:00am – 3:00pm
First United Presbyterian Church
(The Red Door Church)
2 Walling Avenue, Oneonta, NY

Spring Assembly

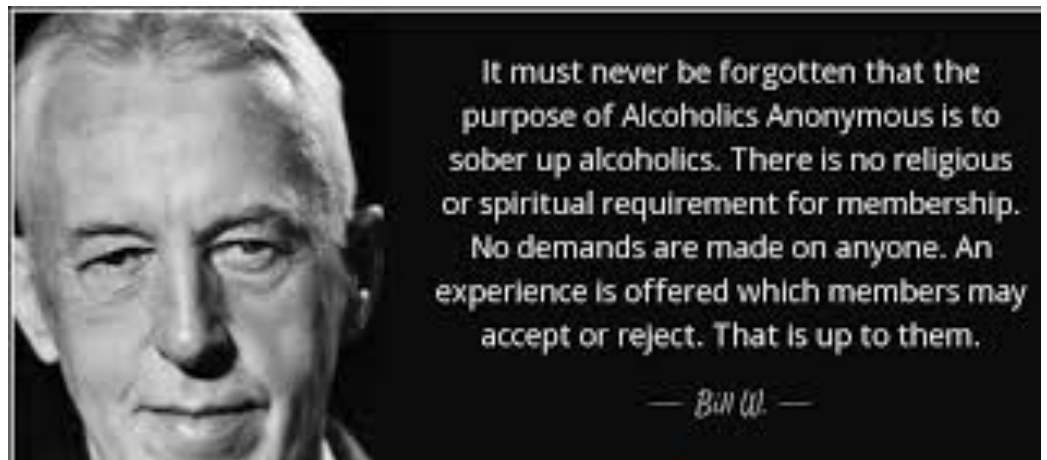
Saturday, May 11, 2019, Location TBA
Hosted by Districts 1, 2, 18
(Albany, Troy, Rensselaer/East
Greenbush)

District 16 Summer Picnic

Sunday, August 25, 2019 11am – 2pm
11am speaker, 1pm speaker
Cantine Field Large Pavilion
Pavilion Street, Saugerties, NY 12401

ULSTER COUNTY BOOKERS MEETING

2nd Wed. in Jan., Apr., July, Oct. 2019;
6 PM before District 7 meeting
@Christ the King Church; 3021
Route 213, Stone Ridge, NY



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Any information, events, and anniversaries you'd like posted, or questions, comments or concerns please email Steve C. at district7newsletter@aahmbny.org.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others recover from alcoholism. **Love and tolerance is our code.**

The Only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety.

If you need to find a meeting in the Ulster County vicinity, or anywhere in the HMB Area, please visit the website address below. Thank you.

<https://meetings.aahmbny.org>

YOUNG PEOPLE'S EVENTS:

[ESCYPAA IV](#)

Meets every first and third Tuesday of the Month at 7:30pm
St. Paul's Evangelical Lutheran Church
 10 Western Ave
 Albany, NY 12203

STEP 11 SUGGESTS PRAYER AND MEDITATION. WE SHOULDN'T BE SHY IN THIS MATTER OF PRAYER. BETTER MEN THAN WE ARE USING IT CONSTANTLY. IT WORKS, IF WE HAVE THE PROPER ATTITUDE AND WORK AT IT. -- STEP 11, ALCOHOLICS ANONYMOUS, P.85-86

DISTRICT 16 SPIRITUAL BREAKFAST

Saugerties Senior Center
207 Market Street, Saugerties 12477

SUNDAY, MARCH 24, 2019
8:30A BREAKFAST
& FELLOWSHIP

9:30A SPEAKER
& SILENT MEDITATION

FOR MORE INFORMATION, EMAIL DISTRICT16DCM@AAHMBNY.ORG

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Twelve Steps of Alcoholics Anonymous

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
 2. Came to believe that a Power greater than ourselves could restore us to sanity.
 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
 4. Made a searching and fearless moral inventory of ourselves.
 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
 6. Were entirely ready to have God remove all these defects of character.
 7. Humbly asked Him to remove our shortcomings.
 8. Made a list of all persons we had harmed, and became willing to make amends to them all.
- (cont'd)

GROUPS IN NEED OF SUPPORT:

- Monday **Kingston Women's Meeting**; meets at 7:30pm at St. James Church, Pearl & Fair Streets, Kingston 12401
- Tuesday **Sobriety First** meets at 7:30pm at Holy Cross Episcopal Church, 30 Pine Grove Ave., 12401

NEW GROUPS:

- **NEW: Whats Shakin Shandakan Step Group** Wednesday, 7:00pm, Memorial Methodist Church, 7358 Route 28, Shandaken, NY, 12480
- **NEW: Her Story Women's Big Book/1st. 164 pages/Women's Stories**, Saturday 10:00am, Reformed Church Education Bldg, 92 Huguenot Street, New Paltz, 12561
- **NEW Meeting: 12 on the Green**; Sunday 1:00pm step/speaker mtng.
- **NEW: We Are Not Saints Meeting**; Tuesday 7:30pm, Redeemer Lutheran Church, 90 Route 32 South, New Paltz, NY 12561, Beginner
- **NEW: Your Children Are Welcome Group**; Tuesday at 5:30pm at St. Gregory's Church aka The A Frame in Woodstock on Rte. 212. Open format, children welcome and babysitter available.

AA TRADITIONS HELP US GET ALONG WITH
OTHERS & NAVIGATE RELATIONSHIPS
HOSTED BY HVYPAA & DISTRICT 16

TRADITIONS WORKSHOP

Saturday, March 30 10a-3p
Reservoir United Methodist Church
3065 State Highway 28, Shokan
Light lunch provided
\$10 suggested donation

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District 7 Committee Chairs 2019

DCM	Ted W.	district7dcm@aahmbny.org
Alternate DCM:	Morgan S.	district7altdcm@aahmbny.org
Secretary:	Ethan	district7secretary@aahmbny.org
Treasurer:	Mike C.:	district7treasurer@aahmbny.org
Answering Service:	Taylor W.:	district7ansservice@aahmbny.org
Web Liaison:	Steve C.	district7webmaster@aahmbny.org
Alternate Web Liaison:	Kevin C.	district7altwebmaster@aahmbny.org
Newsletter:	Steve C.	district7newsletter@aahmbny.org
Bridging the Gap/BTG:	Pico	district7btg@aahmbny.org
CPC/PI:	Edie	district7cpcpi@aahmbny.org
Corrections:	OPEN	district7corrections@aahmbny.org
Treatment :	Elizabeth G.	district7treatment@aahmbny.org
Records:	Andrea G	district7records@aahmbny.org
Literature:	Mike C.	district7literature@aahmbny.org
Grapevine:	Guy C.	district7grapevine@aahmbny.org
Functions:	Liz	district7functions@aahmbny.org
Accessibility:	Pat D	district7accessibility@aahmbny.org
Records:	Andrea G.	district7records@aahmbny.org

District 15 Committee Chairs 2019

DCM:	Glenn	district15dcm@aahmbny.org
Secretary:	Tom F.	district15secretary@aahmbny.org
Treasurer:	Cathy	district15treasurer@aahmbny.org
Archives:	John O.	district15archives@aahmbny.org
Answering Service:	Staci/Geri	district15ansservice@aahmbny.org
Bridging the Gap:	OPEN	district15btg@aahmbny.org
Web Liaison:	Steve C.	district15webmaster@aahmbny.org
Newsletter:	Bill M.	aadistrict15newsletter@gmail.com
Corrections:	Metzi/Greg	district15corrections@aahmbny.org
CPC/PI:	OPEN	district15cpcpi@aahmbny.org
Literature/Grapevine:	Fred	district15literature@aahmbny.org
Treatment:	Gabby	district15treatment@aahmbny.org
Records:	Jill D.	district15records@aahmbny.org
Accessibilities	Stephany K.	district15accessibility@aahmbny.org

District 16 Committee Chairs 2019

DCM:	Tara C.	district16dcm@aahmbny.org
Alternate DCM:	Allen V.	district16altdcm@aahmbny.org
Secretary:	Shira F.	district16secretary@aahmbny.org
Treasurer:	Thea H-B	district16treasurer@aahmbny.org
Answering Service	Allen V.	district16ansservice@aahmbny.org
Web Liaison:	Steve C.	district16webmaster@aahmbny.org
Alternate Web Liaison	Kevin C.	district16altwebmaster@aahmbny.org
Newsletter:	Steve C.	district16newsletter@aahmbny.org
Bridging the Gap:	Kate	district16btg@aahmbny.org
Corrections:	Kate	district16corrections@aahmbny.org
CPC:	OPEN	district16cpc@aahmbny.org
PI:	Marcy M.	district16publicinfo@aahmbny.org
Treatment:	Kevin H-B	district16treatment@aahmbny.org
Grapevine/Literature:	Heather C.	district16grapevine@aahmbny.org

9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.



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EVENTS CONTINUED:

For a complete list of this year's event - <https://aahmbny.org/events/2019HMBcalendar.pdf>

Month	Event	Host
January 12, 2019	HMB Orientation Day	Hudson Valley Shokan, NY
February 22-24, 2019	NERAASA	Area 29 Hunt Valley, MD
March 2, 2019	HMB Fellowship Day	Adirondack Plattsburgh, NY
March 8-10, 2019	NERD	Area 44 Somerset, NJ
April 27, 2019	HMB Delegate's Day of Sharing	Central Oneonta, NY
May 11, 2019	HMB Area Assembly	Eastern Greenbush, NY
May 19-26, 2019	General Service Conference	G.S.O. New York City, NY
May 31-Jun 2, 2019	NERF	Area 49 Tarrytown, NY
June 23, 2019	HMB Joy of Service Day	Western Utica, NY

Answering Service: It is time to update the call lists for the answering service. **The Answering Service Sign-Up Sheet and Volunteer Guidelines** can be found at: [Answering Service Sign Up Sheet](#). Print it, fill it out and give to your group GSR or bring it or mail it to your district address below.

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7th Tradition Contributions may be sent to:

District 7: 3021 Route 2021
Stone Ridge, NY; PO Box
1643, Kingston, NY 12402

District 15: PO Box 423,
Milton, NY 12547

District 16: PO Box 471,
Saugerties, NY 12477

HMB Area Association:
Ship & Copy 118 Polar
Plaza, #114 Amsterdam,
NY 12010

GSO: (make check to
"General Service Board")
PO Box 459 Grand Central
Station

Please email anniversaries to district7newsletter@aahmbny.org Include name, years, celebration date and celebration meeting.

UPCOMING ANNIVERSARIES

MARCH 2019

New Beginnings Group: March 25; Bill, 2 years

Blue Mountain Men's Group: March 26; Devon, 24 years

Came To Believe Group: Holy Cross 2pm Sat: Mar 16; Erika B., 2 years; Mar 30
Greg G., 9 years

Stone Ridge Just For Today Group: March 26; Chris, 90d; Cassie, 1 year

Woodstock Speakers Group: March 27; Shira, 27 yrs; Tara C and John C, 14 yrs

12 on the Green Grp: March 29; Ava, 6 yrs; Allan, 11 yrs; Gary, 19 yrs, Mark, 21 yrs

Home Free Group: Olive Free Library; March 29; Moses, 38 years

Mid Day Live Group: March 30; Michael, 6 years; Dennis, 12 years; Kat 1yr

If Nothing Changes Group Centerville: Mar 30; Cliff, 30 years

APRIL 2019

Promises Group: April 20; Nick, 20 years

Woodstock Speakers Group: April 24; Ralph, 34 years; Marina, 44 years

7th Step Prayer

My Creator, I am now willing
that you should have all of
me, good and bad. I pray that
you now remove from me
every single defect of
character which stands in the
way of my usefulness to you
and my fellows. Grant me
strength, as I go out from
here, to do your bidding.
Amen.



BE HAPPY, JOYOUS & FREE

DISTRICT 16 SUMMER PICNIC

11a Speaker | Noon BBQ & Fellowship | 1p Speaker
All are welcome | Bring a dish to pass

AUGUST 25, 2019 | 11A-2P
CANTINE FIELD LARGE PAVILION
PAVILION STREET, SAUGERTIES

This event is supported by your individual and group 7th tradition contributions to District 16.
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